



Sinai Chicago

Sinai Chicago is one of the largest safety net providers of health care for low income patients in Illinois. Located on the West and Southwest Sides of Chicago, Sinai's service area encompasses 25% of Chicago, including many of the most economically challenged communities in the City. Sinai Chicago employs nearly 4,000 caregivers and is a major employer for the residents of the West and Southwest Sides. Its operating budget is over \$500 million a year. Over half of Sinai's patients are covered by the Medicaid program.

Sinai Chicago includes:

- Mount Sinai Hospital, a 319 licensed beds acute care and teaching hospital located in North Lawndale on the West Side of Chicago. Mount Sinai is a Level I trauma center. Mount Sinai trains more than 700 health care professionals each year including four residency programs in family medicine, internal medicine, general surgery and pharmacy as well as other residency programs in partnership with UI Health.
- Sinai Children's Hospital, a state-designated children's hospital including a Level III intensive care unit and a wide range of specialty outpatient pediatric care.

- Holy Cross Hospital, an acute care hospital located in the Marquette Park community on the Southwest Side of Chicago. In addition to being one of the busiest emergency rooms in Chicago, Holy Cross has a unique range of behavioral health services that includes Chicago's first crisis stabilization unit.
- Schwab Rehabilitation Hospital, one of three freestanding rehabilitation hospitals in Chicago with 112 licensed beds and the only one serving a high percentage of Medicaid patients. Schwab provides comprehensive inpatient and outpatient rehabilitation services and provides care for patient from hospitals throughout metropolitan Chicago.
- Sinai Medical Group (SMG) a primary and specialty care medical group that includes 300 physicians, physician assistants and nurse practitioners. SMG is a major provider of specialty care for federally qualified health centers in Chicago and operates ten community based clinics.
- Sinai Community Institute (SCI) with 14 programs providing community-based health and social service program to over 14,000 families. SCI is also providing community education to encourage participation in the U.S. Census.
- Sinai Urban Health Institute (SUHI) which conducts health care disparities research, develops innovation community health innovations, delivers community health worker training and consultation, and currently has initiatives to address asthma, breast health, diabetes and violence.

As a system, Sinai Chicago annually provides:

- 18,453 inpatient admissions.
- 225,250 outpatient visits.
- 72,548 emergency room visits.
- 2,538 trauma visits including a high percentage of penetrating trauma.
- 28,043 ambulance runs.
- 47,855 adult and child mental health visits including a recent \$10 million investment in expanded inpatient, outpatient, and crisis stabilization services.
- 1,641 babies delivered.

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Mount Sinai Hospital

Overview

Mount Sinai Hospital, a 319-licensed bed acute care safety-net, teaching hospital and Level I Adult Trauma Center, provides a wide array of quality medical, surgical, therapeutic, diagnostic and behavioral health services, including crisis stabilization. The Emergency Department provides care to approximately 41,000 ED patients each year. The Labor and Delivery unit and Level III Neonatal Intensive Care Unit welcomes over 1,600 newborns annually, caring for both high-risk obstetric patients and providing the highest level of care for premature and critically ill newborns. Mount Sinai Hospital trains more than 700 aspiring health care professionals each year through undergraduate, graduate programs, and four GME-accredited residency programs in family medicine, internal medicine, general surgery, and pharmacy, in addition to four fellowship programs.

Accreditations

- The Joint Commission – Gold Seal of Approval™.
- Accredited Chest Pain Center with Percutaneous Coronary Intervention by the Society of Certification.
- Primary Stroke Center designation by The Joint Commission.
- Emergency Department Approved for Pediatrics (EDAP).
- Accreditation Award for three years with Commendation from the American College of Surgeons Commission on Cancer.
- OB Ultrasound Department accredited by the American Institute of Ultrasound Medicine.
- Mammography accredited by the American College of Radiology.
- Laboratory accredited by the College of American Pathologists and CLIA (Clinical Laboratory Improvement Amendments).

Awards

- 2014 Professional Research Consultants National Excellence in Healthcare Award Winner and ranked in the top 25 percent nationally for “Overall Quality of Care”.
- 2018 Obstetrics department earned Gold status from Illinois Perinatal Collaborative for Excellence in Maternal Care for treatment of hypertension.
- 2018 “Blue Distinction Center for Maternity Care” from Blue Cross Blue Shield of Illinois.
- 2018 Lifeline Silver Stemi Award from the American Heart Association for Mount Sinai’s Cardiology department.
- Comprehensive mother-baby services and maternal-fetal medicine program.
- Level III Neonatal Intensive Care Unit center (highest level of care for fragile newborns).
- Sinai Children’s Hospital includes outpatient pediatric cardiology, gastroenterology, nephrology, allergy, endocrinology, urology, neurology, physical medicine and rehabilitation, emergency room treatment and surgery.
- Specialty services include cardiovascular services, cancer care center, stroke center, orthopedics, minimally invasive surgery, diabetes, geriatrics and more.
- Cardiology and cardiovascular surgery services include cardiac catheterization, non-invasive and invasive cardiac testing (coronary angiography, electrophysiology studies), coronary artery bypass surgery, heart valve repair, and replacement.
- The Cancer Care Center provides integrated services to patients, including diagnosis and staging, genetic testing, pathology, surgical and non-surgical treatment, chemotherapy, radiation, inpatient treatment, interventional radiology oncology, gynecologic oncology, pain management, support services, clinical trials, and oncology rehabilitation.
- Inpatient and outpatient behavioral health services for adults.
- Advanced imaging technology includes 1.5T MRI, digital mammography, 64-slice CT, Catheter (Cath) Lab.
- One of Chicago’s largest free-standing outpatient child and adolescent behavioral health programs.
- Sinai Interpreter Services and Sinai Deaf Health offer health-related communications 24 hours a day, seven days a week.

Statistics CY 2021

- 11,724 Inpatient Admissions
- 34,444 ED Visits
- 2,538 Traumas
- 12,588 Ambulance Runs

Teaching program

- GME-accredited residency programs in family medicine, internal medicine, general surgery, and pharmacy, in addition to four fellowship programs.
- Academic partnership with Ross University.
- Academic affiliation with Chicago Medical School- Rosalind Franklin University.

Mount Sinai Hospital services

- One of five Level I Trauma Centers (highest level of care) in Chicago for adult emergencies.



Holy Cross Hospital

Overview

Holy Cross Hospital, a 264-licensed bed community hospital, provides inpatient and outpatient care for a range of services that include medical, surgical, intensive care, emergency, primary care, behavioral health services, including Chicago's first comprehensive crisis stabilization unit, as well as hospice and palliative care services operated by Seasons Hospice. Its Emergency Department delivers comprehensive care for a broad range of critical and urgent medical needs and provides care for approximately 45,000 ED patients each year.

Holy Cross Hospital works closely with area churches, schools, institutions and organizations to build strong, safe and healthy communities. Sponsored by the Sisters of St. Casimir since 1928, Holy Cross Hospital follows the United States Conference of Catholic Bishops (USCCB) Ethical and Religious Directives for Catholic Health Care.

Accreditations

Holy Cross Hospital is accredited through the Healthcare Facilities Accreditation Program (HFAP) and is HFAP Primary Stroke Certified.

Awards

2019 “Blue Distinction Center for Knee and Hip Replacement” from Blue Cross Blue Shield of Illinois.

Statistics CY 2021

- 5,742 Inpatient admissions
- 38,104 ED visits
- 15,455 Ambulance Runs

Holy Cross Hospital services

- Adult and pediatric emergency care. Emergency caregivers include Board Certified Emergency Medicine Physicians.
- Outpatient, partial-hospital to intensive inpatient behavioral health service.
- Certified Stroke Center in Emergency Department.
- Cardiology and Neurology services including echo-cardiogram, stress testing, electrocardiograms (EKG), arterial blood flow testing and electroencephalograms (EEG).
- Ambulatory care services including endoscopy, colonoscopy, ophthalmology, urology, cystoscopy, pain management, rehabilitation services (physical, occupational, and speech therapy).
- Surgical services and procedures including a variety of specialties: gastrointestinal, gynecology obstetrics, general surgery, orthopedics, ophthalmology, podiatry, pulmonary, urology, cardiovascular, laser therapy and laparoscopic procedures.
- Seasons Hospice Inpatient Unit & Palliative Services for compassionate end-of-life care.
- Diagnostic Imaging: Advanced imaging technology includes digital mammography, x-ray, both 16 and 64-slice CT, MRI, ultrasound and nuclear medicine scanners.



Schwab Rehabilitation Hospital

Overview

Schwab Rehabilitation, a 102-licensed bed facility, provides comprehensive inpatient and outpatient rehabilitation services for adults and children. Schwab offers a unique therapeutic environment featuring six treatment gyms with advanced equipment, private treatment rooms, a warm-water indoor therapeutic pool and an award-winning therapeutic rooftop garden.

Core Services

- Stroke
- Brain injury
- Spinal cord injury
- Musculoskeletal and neurological rehabilitation
- Amputation rehabilitation
- General (medically complex examples: burn, sepsis, fracture, transplant)

At-a-Glance

- Inpatient admissions seven days per week
- 24-hour in-house physician
- One of only three free-standing rehabilitation hospitals in the Chicagoland area
- Accepts major insurance, including Medicare, Medicaid and MANG

Levels of Care

- Inpatient acute rehabilitation and short-term subacute rehabilitation.
- Specialized outpatient physician clinics and therapy services, including:
 - Lymphedema therapy
 - Hand therapy
 - Pediatrics (OT, PT, SLP)
 - Chronic Pain management
 - Musculoskeletal disorders
 - Spasticity clinic: baclofen pump management and toxin injection
 - Electrodiagnosis: EMG/NCV
 - Pelvic floor/incontinence therapy
 - Industrial rehabilitation for injured workers
 - Audiology
 - Vestibular therapy
 - Aquatic Therapy

Outcomes

- Excellent discharge-to-community rate
- Overall 74.6% returns to community
 - 77.3% Traumatic spinal cord injury
 - 84.9% Neurological
 - 78.1% Traumatic brain injury
 - 91.4% Major multiple trauma (no BI or SCI)

Employees

- Over 300 caregivers
- Certified registered rehabilitation nurses (CRRN)
- Specially-trained and certified therapists for each major diagnostic group, including McKenzie and IASTM

Teaching Programs

- ACGME-accredited physical medicine and rehabilitation residency program has 15 positions for the post graduate years 2, 3 and 4
- Graduates match into competitive fellowships nationwide
- Academic partnership with University of Illinois
- Academic affiliation with University of Chicago
- Faculty have academic appointments at University of Chicago Pritzker School of Medicine and the University of Illinois College of Medicine.
- Doximity ranking of 14, out of 83 nationwide, for residency training program in physical medicine and rehabilitation
- Several Schwab physicians have been named as top doctors in U.S. News and World Report and Chicago Magazine

Medical Staff

- All members of the medical staff are board certified, most subspecialty certified
- 19 physiatrists on staff
- Fellowship trained physicians in brain injury, spinal cord injury, pain management, EMG

Support Services

- Extended Services Department. Disability resource for hospital staff, patients, and community members to promote positive community reintegration for people with disabilities. This includes resources for accessible housing, transportation, education, employment and recreational opportunities.
- Domestic Violence Program. Supports people facing domestic violence situations.
- Peer Mentoring. Program helps reintegrate individuals back into the community after leaving rehab with new spinal cord injury, brain injury, stroke, and amputee diagnoses program.
- In My Shoes. A peer-led violence prevention program led by former Schwab patients who have sustained violent injuries as victims or perpetrators of street violence. Speakers go into the community and share their personal stories with youth. Youth gain a firsthand look at life with an injury due to violence.



Sinai Medical Group

Overview

Sinai Medical Group (SMG) is a physician-led provider of primary care and specialty medicine. The SMG team includes over 300 physicians, physician assistants and nurse practitioners. The group is comprised of specialists and primary care providers dedicated to delivering quality patient care.

The 15 SMG clinical sites (8 are free-standing clinics), located primarily in the Chicagoland area, have flexible office hours. SMG providers provide compassionate, quality care to every individual. Our providers and staff provide complete care for patients of all ages and stages of life and accept all forms of insurance including Medicare and Medicaid.

SMG primary care doctors perform routine check-ups and preventative screenings and have access to essential diagnostic tests.

SMG also has a full panel of specialists who are located either at primary care offices or the Seigle Outpatient Center located at 2652 West Ogden Avenue.

Specialties

- Bariatric surgery
- Behavioral health
- Cardiology
- Cardio-thoracic
- Cardiovascular disease
- Dermatology
- Endocrinology
- Family medicine
- Gastroenterology
- General surgery
- Geriatric medicine
- Hematology and oncology
- Infectious Disease
- Internal medicine
- Interventional cardiology
- Interventional radiology
- Nephrology
- Neurology
- Neurosurgery
- Obstetrics and gynecology
- Ophthalmology
- Orthopedic surgery
- Otolaryngology
- Pediatrics
- Physical medicine and rehabilitation
- Plastic surgery
- Podiatry
- Pulmonary disease
- Rheumatology
- Sleep Clinic
- Trauma
- Urogynecology
- Urology
- Vascular surgery

All SMG doctors are affiliated with Mount Sinai Hospital along with Holy Cross Hospital and Schwab Rehabilitation Hospital. This affiliation provides our patients access to the resources and expertise of the hospital along with the warm, personal care of a local family doctor.

Locations

SMG at Antillas

3109 West Armitage Avenue | Chicago, IL 60647
773.384.4933

SMG at Ashland Clinic

6224 South Ashland Avenue | Chicago, IL 60636
773.778.8600

SMG at Cicero Clinic

1611 South Cicero Avenue | Cicero, IL 60804
708.477.4840

SMG at Lawndale Plaza

1108 South Kedzie Avenue | Chicago, IL 60612
773.722.2712

SMG at Pilsen

1859 South Blue Island Avenue | Chicago, IL 60608
773.521.8330

SMG at Holy Cross Hospital

2701 West 68th Street | Chicago, IL 60629
773.884.7920

SMG at Schwab Rehabilitation Hospital

1414 South Fairfield Avenue | Chicago, IL 60608
773.565.3200

SMG at South State Clinic

5050 South State Street | Chicago, IL 60609
773.924.5895

Sinai Urban Health Institute

Overview

Sinai Urban Health Institute (SUHI) conducts health inequities research, delivers community health worker (CHW) training and consultation, develops innovative community health interventions, and provides a broad scope of evaluation services. Currently funded initiatives focus on the social determinants of health, breast health, diabetes prevention and management, lead poisoning prevention, and violence, among others. SUHI works in partnership with community members and organizations to document health inequities and improve wellbeing in some of Chicago's most vulnerable neighborhoods.

Vision

For all communities to thrive in health.

Mission

To achieve health equity among communities through excellence and innovation in data-driven research, interventions, evaluation, and collaboration.

SUHI Research

HEALTH EQUITY AND ASSESSMENT RESEARCH

SUHI researchers identify racial and ethnic health disparities, investigate the underlying causes of these inequities, and translate data and knowledge into action. SUHI conducts rigorous, community-engaged needs assessments and develops community improvement plans.

COMMUNITY HEALTH INNOVATIONS

SUHI addresses health inequities with innovative solutions to reduce barriers faced by patients and community residents in accessing and managing their health care. SUHI is nationally recognized for its expertise with the CHW model and in incorporating community perspectives and technology to develop, implement, and evaluate innovative health initiatives.

SUHI Consulting

COMMUNITY HEALTH WORKER (CHW) CONSULTING

Through the **C**enter for CHW **R**esearch, **O**utcomes, and **W**orkforce **D**evelopment (**CROWD**), SUHI supports health plans, health systems, organizations, and research studies in hiring, training, supervising, and evaluating CHWs.

SUHI EVALUATION SERVICES

SUHI provides training and consultation on evaluation and capacity-building for healthcare systems, private foundations, universities, and community-based organizations. Qualitative and quantitative methods include focus groups, interviews, document review, surveying, and process mapping. SUHI also has expertise in building databases that are customized to end-user need.

A Selection of Key Initiatives

NON-FATAL GUN VIOLENCE (NFGV) RESEARCH AND INTERVENTION

After exploring, evaluating, and documenting the pathway Sinai Chicago NFGV patients follow from the Emergency Department (ED) to inpatient to rehab and home, SUHI published findings¹, which have since informed an initiative integrating CHWs into the ED to screen for social needs and link patients to applicable resources.

RESEARCH ACTIVISM FOR YOUTH (RAY)

RAY empowers youth to create positive change in their communities and their lives by exposing them to health research and advocacy.

HELPING HER LIVE (HHL)

HHL is a breast health awareness and outreach program for women living in Chicago's West and Southwest communities. CHWs educate women on the importance of screening mammograms, and support them in navigating the process from screening to treatment.

PRIMARY PREVENTION OF LEAD EXPOSURE

A predictive model identifies WIC participants living in properties at high risk for lead-based paint hazards for follow-up. CHWs first conduct visual assessments to identify potential lead-based paint exposure, and refer to Chicago Department of Public Health for additional inspections and mitigation, as needed.

FIFTY CITIES RACIAL DISPARITIES

SUHI analyzes life expectancy and mortality data from the 50 largest U.S. cities to identify health disparities and inform action that addresses the root causes of inequities. Findings are valuable to health care providers, public health departments and professionals, and stakeholders interested in creating interventions that address the social determinants of health.

CHICAGO COLLABORATION TO ADVANCE REACH, EQUITY & SYSTEMS TO PREVENT DIABETES (CHICAGO CARES)

SUHI is a key partner on a five year CDC grant to reduce diabetes disparities in Chicago. CROWD CHWs implement the CDC-recognized Diabetes Prevention Program for Chicago residents who have prediabetes to assist them in increasing physical activity and healthy eating practices. SUHI's Evaluation team is evaluating the initiative, focusing on innovative ways to eliminate barriers to participation and retention among high-risk populations as well as the efficacy of tailored communication approaches in supporting enrollment.

SINAI COMMUNITY HEALTH SURVEY 2.0

Sinai Survey 2.0 is one of the largest community-driven face-to-face health surveys ever conducted in Chicago. SUHI developed Sinai Survey 2.0 in collaboration with its Community Advisory Committee to document health across nine Chicago communities; to better understand social factors associated with health-related behaviors, service utilization, and outcomes; and to inform public health interventions to address health inequities.

EAST GARFIELD PARK BEST BABIES ZONE (BBZ)

As part of the national BBZ initiative, SUHI co-leads the East Garfield Park BBZ with West Side partners. The initiative addresses racial disparities in infant mortality and birth outcomes through place-based, multi-sector, and community-driven approaches.

CITYWIDE COLLABORATIVES

SUHI is a leader and an engaged and active partner in several citywide projects, including West Side United, West Side ConnectED, and the Healthy Chicago Partnership. In particular, SUHI co-leads the West Side United Metrics Workgroup which established an innovative, multi-level framework to assess collective impact across the West Side.

¹7. Fitzpatrick V, Castro M, Jacobs J, et al. Nonfatal Firearm Violence Trends on the Westside of Chicago Between 2005 and 2016. J Community Health. 2018.



Sinai Community Institute

Overview

Sinai Community Institute (SCI) has a history of developing effective community-based health and social service programs to improve the health and well-being of its clients addressing social, economic and environmental factors. Approximately 14,000 families each year benefit from SCI's services, from infants to adolescents to adults.

Our goal

We utilize intensive case management to identify and eliminate barriers that impact the social well-being and health status of individuals, families and the community.

How our services are provided

SCI uses trained professional and credentialed case managers to provide:

Comprehensive in-home assessment which includes:

- Psycho/Socio/Financial Benefit/Educational Assessment
- Environmental Assessment
- Health History
- Risk Assessment(s): for example, safety, abuse, mental health, and cognitive

Care planning implementation and coordination which includes:

- Minimum of monthly home visits
- Monitoring the establishment of services and referrals

Case closure which includes:

- Transition to the highest level of function possible
- Attain the best possible outcome
- Assure needs have been met

SCI programs, services, and resources

Support strong healthy families

- Women, Infant and Children (W.I.C.)
- Sinai Adult Protective Services (APS)
- Family Case Management (FCM)
- Sinai Better Birth Outcomes (BBO)

Develop the potential of children and youth

- Early Childhood Development/Prevention Initiative
- Learn Together Afterschool Program
- Once Summer Chicago Plus Program (OSC+)
- The Leadership Academy

Build strong community partnerships

- Sinai Health Ministry Program
- Sinai Community Relations
- Sinai Volunteer and Community Services

Enhance economic opportunities

- Sinai Technology Center

To learn about any of Sinai Community Institute's programs or services, please call
773.257.6508



Sinai Children's Hospital

Overview

Sinai Children's Hospital includes a Level III (the highest level of care) neonatal intensive care unit, outpatient pediatric surgery and anesthesiology. A wide range of specialty outpatient pediatric care is available through Sinai Children's Hospital, including gastroenterology, nephrology, allergy, hematology, endocrinology, urology and neurology. The hospital offers a variety of resources such as a HIV/AIDS program.

Outpatient Care

We utilize intensive case management to identify and eliminate barriers that impact the social well-being and health status of individuals, families and the community.

Team Approach

Sinai Children's Hospital brings together a multidisciplinary pediatric program that provides a continuum of care, including community health education and a Level III Neonatal Intensive Care Unit. Our team includes physicians, nurse practitioners, nurses, psychologists, social workers, health educators and dietitians.

Specialties

- Pediatric cardiology
- Pediatric endocrinology
- Pediatric gastroenterology
- Pediatric hematology
- Pediatric infectious disease
- Pediatric neonatology
- Pediatric physical medicine and rehabilitation
- Pediatric surgery

Language Services

Sinai offers ready access to Spanish language medical interpreters. Sinai also has an award-winning program for serving the Deaf and Hard of Hearing with Sinai interpreter services and Video Report Interpreting (VRI).

Services and programs

Sinai Children's Hospital is part of Sinai Chicago. The system extends its wide range of resources to meet the diverse needs of children including:

- Community Health Programs Asthma education
- Diabetes management
- High-Risk Pediatric Clinic (medical home serving the entire pediatric age spectrum)
- HIV/AIDS treatment and care
- Illinois Subsequent Pregnancy Program in Lawndale
- North Lawndale Immunization Project
- Pediatric weight management
- WIC nutrition assistance program

Specialties

- All Kids
- Chicago Family Case Management
- Child protective services
- Drug-Free Families for the Future
- Juvenile Intervention Support Center (JISC)
- Violence prevention programs
- Youth Career Development Center
- Pediatric and adolescent behavioral health programs (Under the Rainbow)
- Sinai Parenting Institute/The School for Parents
- The Family Development Initiative
- The Learn Together After School Program